

SUNDAY

10:30AM Sunshine Meeting, R-Hub, The Venue is Next to Kings Park in the R-Hub. This is a No Dogs Allowed Venue., Station Approach, Bournemouth, Dorset, BH1 4NB (C,B,D,JT,So) *The Format of the Meeting Alternates from an Experience, Strength & Hope Chair, and a Reading from the Just for Today Book. We are a Child Friendly Meeting, Please Can they be Supervised.*

NOON TEST, 26 GLOUCESTER ROAD, POOLE, BH12 2AP (B)

7:15PM Fusion Youth Club Sunday Night Meeting, 4-6 Old Christchurch Lane, Bournemouth, Dorset, BH1 1NE (D,So,WC)

7:30PM Soulful Sunday, Portesham Village Hall, MALHOUSE MEADOW, DORSET, Dorset, DT3 4NS (C,BT,So,St,WC)

7:30PM The One and One, Inclusive Community Church, Hannington Road, Bournemouth, Dorset, BH7 6JT (WC) *Read from NA Basic text 1 week step, 1 week Tradition*

MONDAY

12:30PM Just for today Kings park, Kings Park Cafe, Enter the lobby and take the stairs to the first floor, C B B Pavilion, Bournemouth, Dorset, BH1 4NN (O,JT) *The Meeting venue is open on Bank holidays.*

7:00PM Basic Text Book Study, Bourne Community Hub, Northmere Road, Poole, Dorset, BH12 4DY (C,BT,WC) *Meeting open every Monday, including Bank Holidays.*

7:00PM Mellow Monday, Weymouth Baptist Church, Red door on the side of the church, 18 The Esplanade, Weymouth, Dorset, DT4 8DT (D,RF,So,WC) *The meeting's format alternates between a share and literature reading.*

7:30PM Step & Tradition, Reach Drug and Alcohol Services Building, Ring the Bell if the Front Door is Shut, Small Cosy Meeting at the Back of the Building. Free Parking Opposite if Needed., Woodcock Court, Gillingham, Dorset, SP8 4DZ (B,BT,So,St,Tr,WC) *Closed Meeting Although Open on Request. The Meeting Alternates Between a Share and Readings from Various NA Literature.*

7:30PM Step Meeting, Trinity Methodist Church, 84 Southbourne Road, Bournemouth, Dorset, BH6 5AG (C,St)

7:30PM West Howe, It Works!, Cornerstone Church, Parking available at venue, and on road. Side entrance access via wheelchair ramp. No Smoking or vaping on premises - please stand outside of the car park. No Dogs., Holloway Avenue, Bournemouth, Dorset, BH11 9JR (O,D,So,St,WC)

TUESDAY

12:30PM West Cliff Meeting, West Cliff Baptist Church, Meeting is now in big hall at front of venue to the left of driveway entrance. Limited Parking is available in church in car park area., Poole Road, Bournemouth, Dorset, BH4 9DN (O,D,So,WC) *Non-smoking, non-vaping venue*

7:00PM Christchurch, Christchurch Baptist Church, 49 Bargates, Christchurch, Dorset, BH23 1QT (C,JT)

7:30PM Freedom in Recovery, Dorford Centre, Dorchester Baptist Church, 2 Bridport Road, Dorchester, Dorset, DT1 1RR (C) *Steps - first Tuesday of each month. Open to all - third Tuesday. Topic - fourth Tuesday. Temporary Sponsorship offered.*

TUESDAY (CONT)

7:30PM Newcomers, Down the alley opposite halifax, 4-6 Old Christchurch In Bournemouth, Bournemouth, Dorset, BH1 1NE (O,B,D)

7:30PM Reading/Share, Beaufort Road Community Centre, The entrance is via the car park., 158 Beaufort Road, Bournemouth, Dorset, BH6 5LB (C,BT,To,WC)

7:30PM Salisbury 'Just for Today' Meeting, Salisbury URC Church, Entrance Through the Side Gate (Right Side if Facing Building). If the Door is Closed Please Ring the Bell., 30 Fisherton Street, Salisbury, Wiltshire, SP2 7RG (O,B,JT,WC) *The Format of the Meeting is a Just for Today Book Study*

WEDNESDAY

10:30AM Kings Park Newcomers meeting, Kings Park Café, 1st floor, C B B Pavilion, Bournemouth, Dorset, BH1 4NN (O,B)

7:15PM The Mid Weeker, Vicarage Street Methodist Church Hall, off Middle Street (Bond Street end) Round the back and to the left of Santander, in the Church Hall to the right of the church, Vicarage Street, Yeovil, Somerset, BA20 1JB (C,RF,WC) *Open meeting on request on 1st Wednesday of the month*

7:30PM Hamworthy Poole meeting, St Michael's church, Through the Main Entrance of the Church and turn Left into the Side Room., Blandford Road, Poole, Dorset, BH15 4HR (O,So,WC)

7:30PM LGBTQ+ Friends & Allies, St Pauls Direct Access Hostel, 10 St Paul's Lane, Bournemouth, Dorset, BH8 8AJ (GL,WC)

7:30PM New Beginnings, Sacred heart church, 1 Albert road, Bournemouth, Dorset, BH1 1BZ (O,WC)

7:30PM New Milton Newcomers Meeting, New Milton Memorial Centre, If parking in the car park please make sure you enter your car registration number at reception so that you do not get a parking ticket., Whitefield Road, New Milton, Hampshire, BH25 6DE (O,B,D,WC)

7:30PM Open to All, The Hub, Main entrance door and meeting open from 19:00, Station Approach, Bournemouth, Dorset, BH1 4NB (B,WC) *Only guide dogs allowed*

7:30PM Wobbly Wednesday, St Marys Church, use rear entrance of church opposite Italian restaurant, St Mary Street, Weymouth, Dorset, DT4 8PU (C,D,RF,St,Tr,WC) *"Open to all" 1st Wednesday of month*

THURSDAY

10:45AM Illness in Recovery, Trinity Methodist Church, Access meeting room by using passage on left hand side. Doors open from 10-30 am. Children welcome. Sorry no animals allowed., 84 Southbourne Road, Bournemouth, Dorset, BH6 5AG (JT,RF,So,WC)

2:00PM Hope At Kings Park, Kings Park Cafe, Upstairs at the cafe No smoking but vaping allowed Child and dog friendly, Kings Park Central Drive, Bournemouth, Dorset, BH1 4NN (C,JT)

6:30PM Basic Text Audio, Rosebery Park Baptist Church, 812-814 Christchurch Road, Bournemouth, Dorset, BH7 6DF (O,BT,D,St,To) *The Format of the Meeting is a Basic Text Audio Study. Covering all Aspects of the Book including the NA Steps.*

THURSDAY (CONT)

7:00PM Dorchester Women's 2nd & Last Thursday of the Month Meeting, Dorford Centre, Dorchester Baptist Church, The Free Car Park is Directly Opposite the Church, 2 Bridport Road, Dorchester, Dorset, DT1 1RR (D,JT,So,W,WC) *Please Note this Meeting is only Held on the 2nd & Last Thursday of the Month. The Format of the Meeting is the Just for Today Reading and an Experience, Strength and Hope Chair.*

7:00PM Therapeutic Thursday, Weymouth Baptist Church, Red side door, 18 Esplanade, Weymouth, Dorset, DT4 8DT (WC,ME) *JFT today reading then a 10 minute meditation.*

7:30PM Candlelit Meeting, Moordown Community Centre, From Wimborne Road (the main north-south road through Winton and Moordown) drive east down Coronation Avenue. The Community Centre is on the right hand side. There is plenty of parking outside., Coronation Avenue, Bournemouth, Dorset, BH9 1TW (C) *A smaller meeting, with a good balance of newcomers and longer term members. We alternate between a guest speaker and a reading, both followed by share time (Newcomers' time in last 10 minutes). "Open to all" 3rd Thursday of month*

7:30PM Miracle Thursday, St Swithuns Church Hall, Venue is on the B3162 on the corner of St Swithuns Place parking available, N Allington, Bridport, Dorset, DT6 5DU (B,JT,So)

7:30PM Parkstone Meeting, The Dickenson Hall, The Entrance is the Door Down the Left Side of the Church, Commercial Road, Poole, Dorset, BH14 0JW (O,So,To) *The Meetings Format is a Weekly Share.*

7:30PM The Nightmare is Over, The Loft Community Centre Swanage, Opposite Chococo, 17A Commercial Road, Swanage, Dorset, BH19 1DF (C,B,D,RF,So,St,Tr,WC) *Laid back chilled meeting with a good mixture of newcomers and old timers*

9:30PM Night Owls, BH1 PROJECT, Doors open at 9pm Dog Friendly, Palmerstone road, Bournemouth, GB, Dorset, BH1 4HP (B,D,M,So,W,WC)

FRIDAY

12:15PM NA Kings Park Cafe Friday Lunch Time, Kings Park Cafe, Parking available. Disabled access is limited due to stairs., Kings Park Drive, Bournemouth, Dorset, BH1 4NN (D,JT) *This is Just For Today's reading meeting.*

5:00PM Just For Today, St Katharine's Parish, 15 Church Rd, Bournemouth, Dorset, BH6 4AS (O,D,JT,WC) *Just For Today Reading*

7:30PM Friday Night Hamworthy, St Michael's Church, Through the main entrance of the Church hall then turn left to the side room., Blandford Road, Poole, Dorset, BH15 4HR (O,So,St,WC) *Last Friday of the month is a Step reading out of "How it Works and Why"*

7:30PM Friday Night Westbourne, West Cliff Baptist Church, The meeting is in the room to the left of the car park., 41 Poole Road, Bournemouth, Dorset, BH4 9DN (O,D,So,WC)

7:30PM Step And Share Meeting, Beaufort Community Centre, Go round to the back of the community centre in the car park for the main entrance, Beaufort Road, Bournemouth, Dorset, BH6 5LB (RF,So,St,WC)

7:30PM TGI Friday, St Mary's Church, Round the back of the church, St Mary's Street, Weymouth, Dorset, DT4 8PU (B,D,RF)

SATURDAY

10:30AM Women's Meeting, Trinity Methodist Church, Enter through the main door, and the meeting is to the left., 84 Southbourne Road, Bournemouth, Dorset, BH6 5AG (O,So,W,WC) *Children welcome in meeting. Room open 10:15-12:15. Sorry, no pets.*

NOON Just For Today, Church hall, The Venue Entrance is at the Side Door and the Meeting Opens at 11.30 am. It is an Hour-Long Meeting., 103 Newstead Road, Weymouth, Dorset, DT4 0AR (JT,WC) *The Meeting Format is the Weekly Just For Today Reading.*

2:30PM Just for Today Newcomers, BH1 Project, The Meeting is Opposite Salvation Army Building. Wheelchair Accessible, Child Friendly, No Pets Please., 107 Palmerston Road, Bournemouth, Dorset, BH1 4HP (O,B,D,JT,WC) *The Format of the Meeting is Reading from the Just for Today Book and Share Back. The Last Saturday of Each Month There will be an Experience, Strength & Hope Chair,*

6:00PM Westcliff Baptist Church, West Cliff Baptist Church, The Meeting is at the Back of the Church in the Car Park Area. The Entrance Door is at the Back which is Left of the Car Park., Poole Road, Bournemouth, Dorset, BH4 9DN (O,BT,JT,WC) *Read Daily Just For Today Reading and Open Sharing for an Hour*

7:15PM New Beginnings, St James' Church, There are Greetings Outside the Venue and the Entrance at the Front of the Church There is Limited Car Parking Outside the Front of the Church. Additional Car Parking is Available at the Rear of the Church, this is Situated in Houndstone Close, BA21 3RL. Wheelchair accessibility is from the car parking in Houndstone Close., 220 Preston Road, Yeovil, Somerset, BA20 2EZ (O,D,WC) *The Meeting's Format is a Weekly Experience, Strength, and Hope Share.*

7:30PM The Ultimate Weapon, Fusion/st mongos, 4-6 old Christchurch road, Bournemouth, Dorset, BH1 1NE (O,B,D,So,WC) *The Format of the Meeting is an Experience, Strength & Hope Share Every Week. Fellows bringing Children, Please can they be Supervised and Wearing Headphones.*



NARCOTICS ANONYMOUS DORSET AREA

July 2026

Wöchentliche Meetings: 47

Meeting Format Legend

B	Beginners	BT	Basic Text
C	Closed	D	Discussion
GL	Gay/Lesbian/Transgender	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	ME	Meditation